



Newsletter

CSL TAHOE-TRUCKEE THIS WEEK

Sunday Morning  
April 13, 2025

The Cross Was First a Tree  
Reverend Eileen Brownell



Do you have an problem you would like to release?

Is there a relationship you would like to make new?

Could your thinking benefit from a resurrection?

There are three elements to the Easter Story. They are the cross, crucifixion and the tomb/resurrection. *Individuals will have the opportunity to cross out an issue in their own life and experience a resurrection.*



**Come, be with friends!**



Reverend Eileen Brownell

9:25 Meditate with a Practitioner  
10:00 Celebration Gathering

Or join us live online by  
clicking [here](#).

## Ongoing Programs:

GATHERINGS  
CLASSES  
MEDITATIONS  
BOOK CIRCLES



## Weekly Classes (Click on Zoom for Link):

**Tai Chi Chih** Thursdays at 3:30 Gentle moving meditation on [Zoom](#) with Chris Worcester. Beginners Welcome.

**A Course of Love** Fridays at 6:30 on [Zoom](#) with Sue Pipal. Drop ins welcome. Book study.

**Meditation** Every Thursday at 4:30-6 on Zoom with Meri McEneny and Penny Scholler. Please contact Meri for the Zoom link or with any questions, [mmceneny@gmail.com](mailto:mmceneny@gmail.com).

**Learn to Meditate** The first Sunday of each month, after Sunday service and hospitality. Continued learning with Meri McEneny on Sundays at CSL TT for those interested! Meditation is good for you, and good for all you care about.

**Ebike Group** Our rides are on hold until the snow clears! Our estimated start up is Tuesday May 6, weather permitting. Check this newsletter for information on our 2025 ride

schedule. All riders are welcome! For information or to get on our group text chain, email [spipal@att.net](mailto:spipal@att.net).

**A Course in Miracles** The first and third Wednesday of each month from 11:00-12:30 at the Center. Brenda Heldoorn teaches us how to switch from fear to love with this beautiful teaching that changes lives. In the sanctuary and on [Zoom](#).

**Women's Saturday Sangha** The Fragrance of Joy with Nichola and Siddhi. Inspirational discourse, meditation, mudra's, sharing and yoga. 7:45-8:45 on [Zoom](#).

## Deepen and Grow with Us!



- **April 11**, Friday 6:30, A Course in Love Zoom with Sue Pipal
- **April 12**, Saturday 8:00, The Fragrance of Joy Sangha Zoom with Nikki and Sidhi
- **April 15**, Tuesday, Lunch and Tulip Viewing at Ananda--speak to Penny Scholler to carpool, buy your ticket online at Ananda
- **April 16**, Wednesday 11:00, A Course in Miracles with Brenda Heldorn in the sanctuary
- **April 16**, Wednesday 1:00, Board Meeting
- **April 17**, Thursday 4:30-6:00 Zoom meditation with Meri and Penny
- **April 13**, Sunday 10:00, Rev Eileen Brownell, The Cross was First a Tree
- **May 6**, Tuesday 11:00, Ebike group is back in action!! To join, talk to Sue Pipal

- **May 10**, Saturday 10-12, Mandala Workshop with Live Music with Subra and Astrid

## UNTIL FURTHER NOTICE.....Celebrate Everything!

### Soul Journey Meditation & Mandala Workshop with Live Music Saturday May 10 10am-12



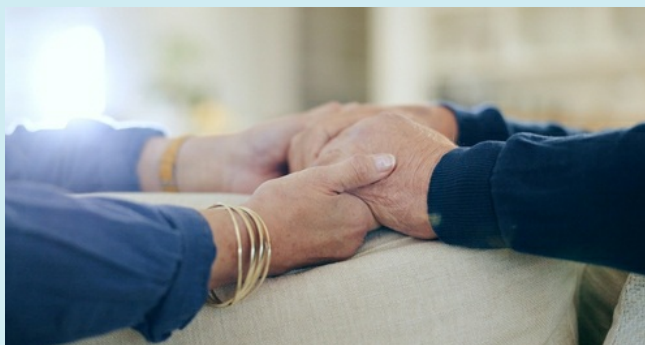
#### Workshop with Subra Doyle and Astrid Carolina

Immerse yourself into a guided soul journey-meditation featuring live music, followed by creating a unique mandala that reflects your intuition and experience. Synesthesia is a phenomenon that causes sensory crossovers, such as hearing colors or visualizing sounds.

Supported by a live instrumental folktronic set as unique and expressive as the mandalas, this experience will awaken the spirit and merge the senses and align your energy in an invitation to explore the spaces between music, art, sound and color in this unique event.

Facilitated by Subra Doyle, a multi-instrumental musician, and Astrid Carolina, a multipassionate artist, this event blends music, meditation, and creativity to guide you into a state of deep connection and self-expression.

Fee \$30



**Our Practitioners are There for YOU!!**

If you are experiencing a challenge in your life and would like healing

prayer, our practitioners are available directly following Sunday Service for a free One-Minute-Miracle Prayer. Or, you can drop a note in our Prayer Request Box in the sanctuary or click the link below. Our practitioners are highly trained in transformative prayer and love nothing more than a chance to pray with you!! (And by the way, they always love a good prayer of gratitude, too!)

[Prayer Link](#)

**Go ahead...make their day!!!**

## Saturday Morning Sangha



Nikki Johnson

## The Fragrance of Joy Sangha

With Nichola Johnson and Siddhi

Every Saturday Morning on [Zoom](#)

Our weekly sangha has been gathering since 2020. Women joining other women to form a community for inquiry, curiosity, and a safe forum for sharing one's life journey.

The Fragrance of Joy sangha has a strong heartbeat. We explore what it means to embrace the Divine Source and to live from a place of Consciousness, Compassion and Creativity. We meet Saturday mornings 7:45 - 8:45 am PT in our Soul Zoom Room. We welcome newcomers, part-timers, and regulars. Our time together includes a

combination of meditation, yoga, mudra's, discourse and sharing. All women are welcome, please do drop in Saturday morning.

Here's an example of our session:

15 minutes - Optional Check-in (7:45-8 am)

20 minutes - Spiritual Discourse

15 minutes - Gentle Movement, Breath Work, Mudra

10 minutes - Mantra

Occasional breakout rooms, deeper discussion and listening circles.

New and beginning students are always welcome.

## How YOU Can Make A Difference:



"You sanctify whatever you are grateful for."  
-- Anthony de Mello

Thank you for supporting our beloved  
CSL Tahoe Truckee!  
With your help our Center offers you and our  
community richly diverse spiritual activities.

**YOU make this possible!**



WAYS YOU CAN GIVE TODAY:

- \* Email us for current Volunteer Opportunities
- \* Mail your check
- \* Make regular donations through your bank
- \* Click on the PayPal button above
- \* Find us on [Venmo @CSLTahoe-Truckee](#)

**We truly appreciate you!**

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keep you  
informed!**

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When you sign up for our mailing list, you'll get our weekly newsletter with special announcements--delivered straight to your inbox. Each edition is full of useful and inspiring information and details on current and upcoming events you'll want to know about!



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